

# INSTRUCTIONS FOR USE

# FlexiSEQ **MAX** STRENGTH

FOR OSTEOARTHRITIS

**FlexiSEQ Max Strength** is a medical device for self-administration. Read the whole leaflet carefully before you start using this product. Keep this leaflet for future reference. If you have any further questions, contact us at [enquiries@flexiseq.com](mailto:enquiries@flexiseq.com)

## WHAT IS FLEXISEQ MAX STRENGTH & HOW DOES SEQ TECH™ WORK?



**FlexiSEQ Max Strength** is a topically applied gel, intended to lubricate the cartilage in joints to relieve pain and stiffness and improve impaired joint function associated with all stages of osteoarthritis.

**FlexiSEQ Max Strength** is clinically proven to relieve joint pain and improve mobility. **FlexiSEQ Max Strength** contains billions of plant-based, oily droplets called **Sequessomes™**. Activated when our gel dries on the skin, these tiny, flexible droplets pass through the skin and into target joints, where they localise on cartilage surfaces to form a lubricating layer that protects damaged cartilage. We call this unique, lubricating mode of action **SEQ Tech™** and it's the revolutionary driving-force powering **FlexiSEQ Max Strength**.

**FlexiSEQ Max Strength** is our strongest formula that contains the maximum concentration of **Sequessomes™**, and helps to restore joint function, relieve pain and improve mobility in adult patients who have received a diagnosis of osteoarthritis and need maximum strength relief. **FlexiSEQ Max Strength** is drug free and can be used long-term and alongside medications without drug interactions or exacerbating pre-existing conditions. It is suitable for all joints.

## COMPOSITION

Aqua, Phosphatidylcholine, Alcohol, Glycerin, Carbomer, Polysorbate 80, Disodium Phosphate, Sodium Hydroxide, Benzyl Alcohol, Methylparaben, Ethylparaben, Linalool, Disodium EDTA, Sodium Phosphate, Sodium Metabisulfite, BHT.

## PRESENTATION AND PACK SIZE

**FlexiSEQ Max Strength** is a white to yellow gel with a citrus odour and comes in 30g, 50g and 100g tubes.

## LIMITATIONS, CONTRAINDICATIONS, PRECAUTIONS OR WARNINGS

- **FlexiSEQ Max Strength** is for use by adults only. It is not for use on children.
- **FlexiSEQ Max Strength** has not been tested on pregnant or breastfeeding women and they should seek the advice of a healthcare professional before using it.
- **FlexiSEQ Max Strength** contains benzyl alcohol and linalool. Do not use **FlexiSEQ Max Strength** if you are allergic (hypersensitive) to any of the ingredients.
- Do not use **FlexiSEQ Max Strength** on open wounds, broken or infected skin or mucous membranes (the lining of the openings of the body, such as the mouth, nose or eyes).
- Do not use if the tube is split, or the product does not look or smell as described.
- In case of minor skin irritations such as dryness and redness at the site of application, reduce the frequency of application to once daily. If this does not improve the condition, you may discontinue application until the problem resolves, usually within a few days. You may then restart the application. If the problem persists then discontinue use.
- There are no known interactions with medicines.
- Keep out of the reach of children.
- Fabric (clothing, bedding etc.) that has been in contact with this product may burn more easily. Washing clothing and bedding may reduce product build up but not totally remove it.
- Wash hands after using **FlexiSEQ Max Strength**. If your hands are the area being treated, wait 10–15 minutes, until the treated area is dry, before washing.
- Avoid using other moisturisers, creams, or massage oils on the treated area until **FlexiSEQ Max Strength** has fully dried.
- Do not apply the recommended amount of **FlexiSEQ Max Strength** more than 4 times in any 24-hour period.
- Dispose of used tube and packaging in line with local regulations.
- If you have any concerns or notice any side effects not listed in this leaflet, please talk to your healthcare professional and/or contact us at [enquiries@flexiseq.com](mailto:enquiries@flexiseq.com)
- In the event of a serious incident, please contact your authority having jurisdiction and inform us via [enquiries@flexiseq.com](mailto:enquiries@flexiseq.com)

## KEY TO SYMBOLS



Legal Manufacturer:  
PBB Devices Limited,  
4th Floor Phoenix House,  
1 Station Hill, Reading, Berkshire,  
RG1 1NB, UK.



Medical device.



Temperature limitation  
(store between 8°C and 25°C).



Use by (see imprint on the tube and carton). Do not use the product after the expiry date.



Caution.



Batch number (see imprint on the tube and carton).



Consult instructions for use.



Date of manufacture  
(see imprint on the carton).



EU Authorised Representative:  
NEXTEC medical GmbH,  
Zöllinplatz 4, 79410 Badenweiler,  
Germany.







Importer:  
Pro Bono Bio International Trading  
Limited, Palazzo Pietro Stiges,  
103 Strait Street, Valetta,  
VLT 1436, Malta.








Non Sterile.

# APPLYING FLEXISEQ MAX STRENGTH TO YOUR JOINTS

FlexiSEQ Max Strength is not like other gels. It is important to apply our gel correctly to joints to ensure it works effectively. It should **NOT** be rubbed into the skin. It should be allowed to dry completely before covering.






Hands	Hips	Knees	Shoulders
			
Apply a pea-sized amount of gel to each affected knuckle and spread evenly around the joint. Avoid washing hands for 10-15 minutes.	Locate the edge of your hip bone and apply a line of gel as long as your index finger to the soft tissue below, where the bone can no longer be felt.	Apply a line of gel as long as your index finger to the back and sides of your knee joint. It should not be applied to the kneecap.	Apply a line of gel as long as your index finger to the area corresponding to your pain. It should not be applied to the bone or shoulder blade.

## HOW TO GET THE BEST FROM FLEXISEQ MAX STRENGTH

Application	Drying Time	Frequency	Effect Time	Storage
				
Spread a thin layer around the joint and do NOT rub it in. Allow to dry.	Once applied, the correct amount should take roughly 10 minutes to air dry. Do not cover whilst drying.	You should apply FlexiSEQ Max Strength in the morning and evening, every day.	FlexiSEQ Max Strength can take anywhere between 2-14 days to start taking effect.	Replace cap after use. Store at room temperature and use within three months of opening.

## THE BENEFITS OF A DRUG FREE PRODUCT

As a drug free treatment, FlexiSEQ Max Strength has several added benefits for the following osteoarthritis patients:

				
Patients looking for a drug free formula.	Patients wanting reduced systemic side effects.	Patients who need treatment that can be used for longer than 14 days.	Patients for whom NSAIDs are not suitable.	Patients taking medications that may interact with traditional painkillers.

## WELCOME TO THE FLEXISEQ MOVEMENT

We're delighted to welcome you to the FlexiSEQ family. Our products are designed to help you move without pain and to give you the freedom to say 'yes' to life.

Our help and support doesn't end with our range of products. Visit our website to sign up to our free FlexiSEQ newsletter and each month we'll send you updates from our amazing community and news of our latest promotions. If you have any questions, comments or feedback, you can also find us on social media or feel free to contact us at [enquiries@flexiseq.com](mailto:enquiries@flexiseq.com)

Together we are stronger, that's what the #FlexiseqMovement is all about.

FIND OUT MORE AT  
[www.flexiseq.com](http://www.flexiseq.com)



## PATENTS AND TRADEMARKS

Europe: EP2437726 & EP2836203 validated in AT, BE, CH, CZ, DE, DK, EE, ES, FI, FR, GB, IE, IT, LT, LU, LV, MT, NL, NO, PL, PT, SE, SK, TR EP2836203 additionally validated in BG, GR, HR, HU, MC, RO, SI

GB: See [www.ascension.co.uk/patents](http://www.ascension.co.uk/patents) Singapore: 176297 Malaysia: MY-170121-A South Africa: 2012/00017

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